



**RATIOS: 1:8**

**1 adult to 8 participants**

**SUPERVISOR POSITION:**

Not applicable FP staff instructed activity

**SUPERVISOR ROLES:**

Adult helpers must have good balance, confident in water, able to stand on a board, and fit. Main role is assisting instructor with games and building confidence in the participants.

**EQUIPMENT SUPERVISOR:**

**SAFETY ACTION PLAN**

None needed

**EQUIPMENT PARTICIPANT:**

Clothes: Togs, Sunblock, wet suit and / or hat optional

**PARTICIPANT REQUIREMENTS:**

- a) Minimum age: 5 years or older
- b) Minimum level of competency:  
Participants will need to have moderate swimming skills, and no extreme fear of falling into the lake. They need to be capable of pulling themselves up on a paddle board, stand up/ or sit and

**ACTIVITY: PADDLE BOARDING**

operate a paddle without being overly unbalanced.

**RESTRICTIONS:**

None

**ACTIVITY IN OPERATIONS:**

Activity is instructed by FP staff.

Activity		Paddle Boarding		Supervision category		FP Instructor required <b>X</b>	
Area	Lake Karapiro			Date reviewed	July 2017		
Hazard (what poses the threat)	Poss. Risk (injury outcomes)	Category (environment, people, equipment)	Risk Rate	Controls in place (What we do to either eliminate, minimise or isolate the hazard or risk)		Responsible (who is responsible for dealing with this hazard during activity)	
The lake	Drowning	Environment	High	<b>Participants are required to wear lifejackets. All jackets are checked by instructor or supervising adults.</b>		FP staff	
The Sun	Sun burn	Environment	Medium	Participant are advised to wear sun block at all times on exposed skin.		FP staff	
Weather conditions and water temperature	Hypothermia	Environment	High	<b>In case of extreme cold, cold lake temperature, or wet weather the session is either cancelled or group is taken to a more sheltered spot, and session time reduced. Group is regularly checked by instructor to see if all are well. Paddle boarding is an activity dependent on season, and lake temperatures.</b>		FP staff	
Other vessels on lake	Collision (other vessels)	people	High	<b>The paddle boarding activity takes place in a 5 knot zone (zone 12 at Lake Karapiro), zone has been clearly defined by 5 knot buoys, buoyancy vest are brightly coloured, and in case of bad weather paddle boarders might move to zone 11, where a marker buoy will be put out warning boats of paddle boarders in the area. Paddle boarding is always run as a group activity where the group is kept together at all times.</b>		FP staff	
Weather	Lightning strike	Environment	Medium	In case of thunderstorms all trips will be cancelled.		FP staff	
Submerged objects	Injury due to falling off	Environment	Low	All activities on paddle boards will be in an area with plenty of water depth and away from shore lines with trees and shrubs		FP staff	
Other participants	Injury due to paddle hits	people	Medium	Participants will be trained to use a paddle properly and all care is taken to use games which minimise risk of injury		Supervising adults and participants	