



#### SUPERVISOR POSITION: Not applicable FP staff instructed activity

## SUPERVISOR ROLES:

Adults must actively encourage and engage participants in the activity and lead by example. Supervising adults are best spread out amongst the participants with one adults at the tail end.

# EQUIPMENT SUPERVISOR:

N/A

#### EQUIPMENT PARTICIPANT:

#### SAFETY ACTION PLAN: BUSH HIKE

- Clothes: Hiking clothes (light wear), and dependent on weather conditions fleece jerseys and/ or other non-absorbing water material, and a rain coat.
- Foot wear: Good walking shoes or trainers.
- Other: Drink bottle

#### PARTICIPANT REQUIREMENTS:

- Min age: 5 years or older
- Min level of competency: Capable of walking for 1.5 hours without assistance, follow instructions, and navigate uneven terrain.

**RESTRICTIONS:** 

Not suited for participants unable to walk for at least 1 hour.

#### ACTIVITY IN OPERATIONS:

Activity is instructed by FP staff.

A hike following a stream over farm land and native bush, taking up to two hours maximum. FP instructor will guide the first hike to teach supervising adults where to go and location of possible hazards. Can be instructed by FP staff as well. Sometimes combined with fire lighting, and other bush craft activities.



### SAFETY ACTION PLAN: BUSH HIKE

| Activity<br>Area               | Bush Hike                            |   |                            | Supervision Adult supervision required!<br>category  |           |   |
|--------------------------------|--------------------------------------|---|----------------------------|--|-----------|---|
|                                |                                      |   |                            | Date<br>reviewed   | July 2018 |   |
| Hazard (what poses the threat) | Poss. Risk<br>(injury outcomes)      | Category<br>(environment,<br>people, equipment) | Risk<br>Rate               | <b>Controls in place</b> (What we do to either eliminate, minimise or isolate the hazard or risk)  |           | Responsible<br>(who is responsible<br>for dealing with<br>this hazard during<br>activity) |
| Sun<br>Sun<br>Weather          | Sunstroke<br>Sun burn<br>Dehydration | Envir<br>Envir<br>Envir                         | Medium<br>Medium<br>Medium | Si   |           | FP staff /<br>Supervising<br>adults   |
| Land contour                   | Rolled ankle                         | Envir   | Medium                     | Participants are informed to wear proper shoes (jandals and other types of recreational shoes that do not provide protection and grip are not allowed)   |           | Participants and<br>supervising<br>adults   |
| Cliff face                     | Fall of cliff                        | Envir   | Medium                     | Participants are instructed to stay on the well-marked tracks, and adults are spread out amongst the group for group control (1:10 ratio)  |           | FP staff /<br>Supervising<br>adults   |
| Electric fence                 | Electric shock                       | Envir   | Low                        | Participants are informed not to touch fences where possible but if a fence does need crossing group is informed on how to do that.  |           | FP staff /<br>Supervising<br>adults   |
| Pokai stream                   | Flooding                             | Envir   | High                       | Bush hike leads passed the stream but not through, Stream can easily be checked for flooding before group is lead passed the stream  |           | FP staff /<br>Supervising<br>adults   |
| weather                        | hypothermia                          | Envir   | Medium                     | Participants are required to dress for the weather and have adequate rain protection. However the duration of the walk is a maximum of 2 hours and contact with main camp is maintained through the telecom phone network in case of emergencies |           | FP staff /<br>Supervising<br>adults   |
| participant                    | Getting lost                         | people  | Medium                     | Adult to child ratio 1:10. Clear instructions are given to follow the path and a supervising adult is always placed at the back of the group   |           | Supervising adult   |
| Bulls                          | Livestock attack                     | Envir   | Medium                     |  |           | FP staff /<br>Supervising<br>adults   |
| traffic                        | Crossing road                        | people  | High                       | at once by all participants and the paddock at the other end shall be opened beforehand Supe   |           | FP staff /<br>Supervising<br>adults   |