



RATIOS: ADULTS: PARTICIPANTS

1: 15 1 or two axe throwers at a time. In separate lanes

SUPERVISOR POSITION:

In axe throwing area on the left side of a right handed axe thrower, or on the right side of a left sided thrower.

SUPERVISOR ROLES:

Supervisors should be able to show and instruct participants in the techniques of throwing, help with crowd control and encourage participants.

EQUIPMENT SUPERVISOR:

- a) Cell phone
- b) First Aid kit (groups are required to supply their own first aid needs, however FP does have supplies available)
- c) Axes

If not at the Axe throw range;

SAFETY ACTION PLAN

- a) Targets
- b) Boundary/ fence/ tape to mark of restricted areas

EQUIPMENT PARTICIPANT:

- a) Clothes: normal wear
- b) Foot wear: closed shoes

PARTICIPANT REQUIREMENTS:

- a) Minimum age: 5 years or older
- b) Minimum level of competency: Able to throw with enough strength and precision at a stationary target

RESTRICTIONS:

ACTIVITY IN OPERATIONS:

1. Axes must only be thrown at the specified targets
2. Axes must only be thrown from the axe throw area, however the distance from the targets can vary.
3. If axe throwers are at the same time in both lanes their distance from the target should be the same.

ACTIVITY: AXE THROWING

4. Axes can only be retrieved once supervisor gives the all clear. This will be when all axes have been thrown in both lanes (this is to ensure that someone cannot be hit by an axe bouncing over fence or underneath fence).
5. Only remove axes from targets by moving the axe up or down. Do not pull directly out toward yourself.
6. Spectators must be in the fenced area directly behind the axe throwers.
7. Participants must wear closed shoes.
8. Participants must throw over arm.
9. Participants who cause danger to themselves or others will be removed from the activity
10. Spectators cannot lean up or stand against fence separating participants from spectators.
11. No one enters the gated area unless permission is given by supervising adult or instructor.
12. Axes should not be thrown at maximum speed, a relax throw is preferred over an "as hard and fast as possible" throw.



SAFETY ACTION PLAN

ACTIVITY: AXE THROWING

Hazard (what poses the threat)	Poss. Risk (injury outcomes)	Category (environment, people, equipment)	Risk rate	Controls in place (What we do to either eliminate, minimise or isolate the hazard or risk)	Responsible (who is responsible for dealing with this hazard during activity)
Axe drop, hit, bounce back, or other axe injury	Cuts	people		Participants throw axes in designated areas. Spectators are in designated areas to eliminate injury and risk. Participants and supervising adults are under supervision of a FP staff member. Axes cannot be retrieved from the throw zone unless a staff member or supervising adults gives permission to do so. Targets are designed and set up in such a way as to minimise bounce back of an axe. All participants must wear closed shoes.	FP staff, supervising adults
	Bruises				
	Concussion				
Grippy targets	Force needed to remove axe could cause injury when axe lets go.	People, equipment		Targets are carefully chosen to reduce the force needed to remove an axe. Participants will be shown proper techniques for removing an axe	FP staff, Participants
Dry targets	Axe bounces back	People, equipment		All targets are chosen to reduce bounce back. All targets are hydrated to minimise bounce back	FP staff
Axe accidental throw back	Multiple injuries as above in column "Axe"	People		At all times spectators must be behind chain link fences. No persons other than a supervising adult or the instructor can be in the throw zone.	FP staff
Axe drop on foot	Bruise, cut, fracture	people		FP staff will check before the activity commences that all participants are wearing closed shoes. The throwing axes used are light weight.	FP staff, participants