



RATIOS: 1:10

- Day time trips: 1:10 (Adults: participants)
- Night time: 1: 10 plus extra adults covering certain high risk areas where falls could potentially be a hazard. 4 fall areas have been identified.

SUPERVISOR POSITION:

Supervisors are best placed at the head and tail of each group. Supervisors are advised to do a head count at the start and finish of the trail. Some supervisors must be placed at High risk areas which the FP instructor will point out.

SUPERVISOR ROLES:

Encourage participants

EQUIPMENT SUPERVISOR:

- Cell phone
- First Aid kit (groups are required to supply their own first aid needs, however FP does have supplies available)
- Torches (if walk is done at night time)

EQUIPMENT PARTICIPANT:

SAFETY ACTION PLAN: ADVENTURE TRAIL

- Clothes: Old clothes as participants can get wet and/ or muddy
- Foot wear: Walking shoes
- Torches: If trip is done at night time

PARTICIPANT REQUIREMENTS:

- Min age: 5 years or older. At night times min age: 10 years or older
- Min level of competency: Must be able to navigate rocky, uneven terrain, listen instructions, use hands and feet for climbing steep terrain. Must be fit and able.

RESTRICTIONS:

None

ACTIVITY IN OPERATIONS:

- RULES/ MANAGEMENT
- Always do a head count before starting and when finishing
- Let your contact know when you are going and when you are expecting to return.
- Have a cell phone on you

- Monitor the participants and when in doubt return the way you came in rather than finishing the loop. The adventure trail grade of difficulty increases the further in.
- No running the trail.
- Always follow the track upstream. Do not follow the track clock wise.
- All participants must go single file in High risk areas
- High risk areas:
 - Just before the bridge. Steep drop on right side into the stream. Aprox 1 - 1.5 meters
 - ii. Going over the tunnel area. Holes on left.
 - iii. Going up the Rope ladder
 - iv. Going from rope ladder to the uphill section with support ropes.
- Debrief and pack up
- Return blind folds to camp
- Ensure group washes all mud of themselves before entering building and/ or the pools

SAFETY ACTION PLAN: ADVENTURE TRAIL

Activity	The Adventure Trail			Supervision category	Adult supervision required!
Area	Next to Finlay Road before going up the hill, left hand side, 500 meters from camp			Date reviewed	July 2018
Hazard (what poses the threat)	Poss. Risk (injury outcomes)	Category (environment, people, equipment)	Risk Rate	Controls in place (What we do to either eliminate, minimise or isolate the hazard or risk)	
Uneven terrain	Minor injuries (like rolled ankles, bruises, cuts, and scrapes)	People	Medium	All participants are required to wear walking shoes, and to stay on track. Supervising adults are spread out between participants up to a 1:10 ratio. The nature of the adventure trail is a bush experience where participants crawl, climb and walk over branches, logs, through streams, etc. Some minor injuries are part of this experience.	
Branches/rocks		Envir	Medium	Track is checked and cleared before activity commences	
Cars on road	Major injuries	People	High	Groups making their way to the adventure trail are required to walk of the road on a generous grass strip running alongside it.	
Falling of steep slopes or rock area's		Envir	Medium	All participants are required to go single file up the hill to give supervising adults good control. A rope ladder and chain are used to guide participants up parts of the track. At night the fall areas should be covered with lights from individual torches or head lights. Adults must be stationed with a torch at the specific high risk spots. Not advisable for young children at night.	
Trees / branches/ debris from top of hill	Struck by debris	Envir	Medium	Track is checked and cleared before activity commences	
Rope ladder / chain	Equipment failure	equip	High	Rope ladder and chain are checked before activity commences. Rope ladder is equipped with a breakaway security chain.	
Weather	Participants getting to wet or cold	Envir	Medium	Participants are informed beforehand to dress for the forecast. As the location is in close proximity to the main camp the threat of hypothermia is minimal	
				Responsible (who is responsible for dealing with this hazard during activity)	
				Participants and adult supervision	
				FP staff and adult supervision	
				Groups supervising adults	
				Groups supervising adults	
				FP staff	
				FP staff	
				FP staff and groups supervising adults	